How To Brew Herbal Teas

You can see them! The leaves, buds, stems, blossoms and all the other good things we’ve left in our herbal teas!

Our herbal teas are far from the ordinary, run-of-the-mill, finely ground tea in bags that you find just about everywhere.

We thought, if we’re going to offer herbal teas, let’s do it the right way.

It looks different and it is different. But to get the most out of it you must take the time to prepare it properly.

Here’s How:

1. Add the recommended or desired amount of bulk tea to 1 quart of water.

2. Bring to a boil and let simmer/steep, covered for 20 minutes.

3. Strain, discarding the used tea, let cool, enjoy and reap the benefits of nature